

CSC Recreation Soccer Coach's Meeting Recap – FALL '23

IMPORTANT DATES

- Practice: Saturdays September 9th & 16th. Mid-week can begin week of Sept. 11th or 18th
- Game Schedules released: September 16th.
- Kickoff: Saturday September 23rd.
- Final weekend: October 28th.

PLAYER CONTACT

- **PLEASE CONTACT YOUR PLAYERS ASAP.** Email, Text, Phone call follow up if necessary. You can view the roster via the spreadsheet sent by CSC. Consider using the GroupMe app on your phone as an easy way to communicate with your players. **COMMUNICATION & RELIABILITY THROUGHOUT THE SEASON IS VITAL.**
- Set up a team meeting at the end of first practice to introduce yourself and set expectations
- Find an assistant coach or team mom/dad to help... especially with communications.
- Please be prepared for roster additions or changes as we get closer to the start of the season.
- Keep useful info and resources handy on your phone.

RISK MANAGEMENT

- **BACKGROUND CHECKS:** As per US Youth Soccer & Louisiana Soccer Association our volunteers are now required to complete the following: Background Check to be completed every year (5 minutes), Concussion Training to be completed every year (25 minutes), Safe Sport Training (initial 2 hours) to be completed annually with a 'refresher'(30 minutes). Contact paul@cscsoccerclub.org if you need help.
- **GOALS SAFETY:** Ensure goals are securely anchored and do not let children swing or climb on goals.

PRACTICE

All practices will be held at the Power Center Complex, 3200 Power Center Pkwy in LC and here is a field plan:

First practices are Saturday Sessions on Sept 9th & 16th. We do it this way as it is generally an easier way for everyone to find their field & connect with their coach. We have a CSC that people can come to for assistance. You have already been assigned a field and time sent on the coach info and roster email.

Start your midweek practices the week of Sept 11th or 18th. You select your mid-week practice day and time. Contact paul@cscsoccerclub.org for the link to sign up for your midweek practice field. You can amend your practice day via the link at any time. Be sure to make a note of your Day, Time & Field.

- 5U through 8U have the whole field, but 9U and older will have just **half a field** unless no other team shows up. Then you may use the whole field.
- Power Center Complex will close at 8. Begin to leave at 7:50

- Be respectful of others coming after you, timely departure and trash pick up

UNIFORMS

Each player needs two jerseys. Order them in advance and online at Third Coast Soccer and then pick up at one of the dates shown below OR buy in person at one of the 'pop-up' shop days shown below. Jerseys cost between \$18 and \$19 and can be worn for future seasons. Pop-Up Shop dates are **Thursday September 7th, 4:30pm - 6:30pm / Thursday September 14th, 4:30pm - 6:30pm** and they are held at **Power Center soccer concessions stand**. All this info is provided to members via my weekly email updates.

GAME FORMATS & RULES OF THE GAME

Games kick off Saturday Sept 23rd. Schedule to be released Sept. 16th. Game format and rules have already and will again be emailed. They can be found on the CSC Coaching webpage, and they are also shown below. We always ask for cooperation between coaches and some flexibility concerning game format if needed. Below is how we will plan to play but **please review the rules for your team's age group** for more details:

- 5U, 6U, 7U, 8U Divisions: DIVIDE YOUR TEAM ONTO 2 FIELDS and Play 4 v4
- 9U-10U Division: Play 7 v 7 but play 8v8 if attendance is high.
- 11U-12U Division: Play 9 v 9 but play 10v10 if attendance is high.
- 13U-14U Division: Play 11 v11.
- 15U-17U Division: Be prepared to play a variety of formats, 9 v 9, 11 v11 TBD.

GAME DAY RULES: <http://cscsoccerclub.org/wp-content/uploads/2023/03/RECREATION-GAME-DAY-RULES-U6-U16.pdf>

REFEREES!! – 5U – 8U coaches are the 'referees'/Game Managers for their games. For the 9U and older ages, 'official' referees are still limited in availability. It will be a week-by-week process to recruit them, but I will be trying my best.

RESCHEDULES & RAINOUTS – PLEASE READ

Rainouts – CSC will inform you via the **Remind app** and/or email if the fields are closed. **If fields are not closed, but it's raining, the coach can make the decision on practice.**

Reschedules – Rescheduling games can be very problematic due to field & referee availability, as well as finding a date that works for both teams. **We ask that every effort be made to play games as scheduled by CSC.** Reschedule requests should be sent to the Executive Director paul@cscsoccerclub.org

Reschedules are subject to referee and field availability. A game will only be considered for reschedule under the follow circumstances:

- **If the team requesting the reschedule would not have the minimum number of players**

available to field a team due to a reasonable conflict.

- **The opposing coach has been contacted and agrees to the reschedule.**

Reasonable conflicts are community, school or church related functions. Teams are encouraged to work with one another to find a mutually agreeable reschedule date. If a date cannot be agreed upon CSC will consider the game forfeited by the team requesting the reschedule. Only one reschedule request per team will be considered per season.

There is no need to contact the Executive Director for game reschedule requests in the 5U-8U age groups. Coaches are free to work out a mutually agreeable date and time with each other that does not conflict with other games or practices scheduled on the mini-fields.

CONDUCT

We are so appreciative of how everyone works together to create a really safe and positive environment for the kids to play. Please look over the bullet-points below...

- Cooperate with and be respectful of other coaches. Help one another always.
- Respect the referees. Don't scare new referees away!
- Avoid 'running up' the score on opponents.
- Require parents to only positively encourage and ask them to cheer for ALL kids.
- Refrain from manhandling children. Same for kids! Play with feet, not body!
- Eliminate screaming and hollering.... Be patient and allow children to learn from mistakes.
- Praise effort over results.
- Don't overlook the younger or less advanced children
- Coach the child, not just the sport... Improve their whole lives not just their skills

COACHING RESOURCES & THE CSC COACHING CORNER WEBPAGE

- Coaching Equipment – Pick up before first activity at the CSC tent. Please re-use equipment from last year if you have it.
- Please visit our CSC Coaching webpage: <http://cscsoccerclub.org/coaches-corner/> for resources, session plans and guides or contact paul@cscsoccerclub.org Age group practice videos, technique videos, session plans are available to get you started.
- US Soccer Digital Coaching Center for the Introduction to Grassroots Coach plus the online Grassroots 4 v 4 and 7 v 7 and 9 v 9 courses.
- CSC age group curriculums can also be emailed.

MISCELLANEOUS

- Medals - CSC will provide participation medals only for age groups 5U - 8U.

THANK YOU FOR EVERYTHING!